

## **Adran Addysg Gorfforol Ysgol Morgan Llwyd – Polisi Gemwaith**

Annwyl Rieni a Gofalwyr,

Ysgrifennwn atoch i'ch atgoffa o'n polisi gemwaith ar gyfer yr Adran Addysg Gorfforol (AG), sy'n dilyn o bolisi gwisg ysgol Ysgol Morgan Llwyd. Er mwyn sicrhau cysondeb, mae'r polisi hwn yn berthnasol i bob gwrs ymarferol AG, gêm gystadleuol, a gweithgareddau chwaraeon allgyrsiol.

Rhaid tynnu pob gemwaith i ffwrdd mewn gwrsi AG, gemau cystadleuol, a digwyddiadau chwaraeon allgyrsiol. Mae hyn yn unol â chanllawiau'r Gymdeithas Addysg Gorfforol (AfPE) er mwyn sicrhau diogelwch pob disgybl yn ystod gweithgareddau corfforol.

Mae gemwaith yn cynnwys clustdlysau, cadwyni, breichledi, watsys, modrwyau, a gemwaith ac unrhyw dlysau eraill. Ein blaenoriaeth fwyaf yw diogelwch ein disgyblion, ac mae'r mesur diogelu hwn wedi'i gynllunio i atal anafiadau a all ddigwydd wrth wisgo gemwaith yn ystod gweithgareddau corfforol. Bydd hyn yn berthnasol i bob gwrs AG, gêm gystadleuol, a gweithgaredd allgyrsiol, gwaeth beth fo'r gweithgaredd.

### **Polisi Gwisg Ysgol a Gemwaith**

- Rhaid i bob disgybl dynnu pob gemwaith i ffwrdd er mwyn cymryd rhan mewn gwrsi AG.
- Os na all eich plentyn dynnu ei emwaith ei hun, bydd angen ei dynnu adref cyn mynychu'r ysgol.
- Y disgyblion sy'n gyfrifol am eu gemwaith eu hunain os cânt eu tynnu yn yr ysgol, gan na all athrawon gymryd cyfrifoldeb dros eitemau personol.
- Os na ellir tynnu stydiau clustiau (oherwydd eu bod yn newydd/haint), bydd plastr neu dâp yn cael ei ddefnyddio i orchuddio'r stydiau cyn iddynt gymryd rhan yn y wers. Bydd hefyd angen cyflwyno llythyr at yr athro/wes AG gan nodi faint o amser y cymerir i'r tyllau newydd wella. Os mai dyma'r achos, bydd disgwyl i'ch plentyn gymryd rhan mewn gwrsi Addysg Gorfforol fel yr arfer.
- Os yw eich plentyn yn gwrthod tynnu unrhyw emwaith, yna bydd polisi ymddygiad yr ysgol yn cael ei ddilyn o dan y cynsail eu bod yn gwrthod dilyn cyfarwyddiadau'r athro/awes.

Gwerthfawrognw eich cydweithrediad a'ch dealltwriaeth ar y mater hwn. Os oes gennych unrhyw gwestiynau neu bryderon, yna mae croeso i chi gysylltu â'r Adran AG.

Diolch am eich cefnogaeth wrth gadw ein disgyblion yn ddiogel ac yn iach.

## **Ysgol Morgan Llwyd Physical Education Department – Jewellery Policy**

Dear Parents and Carers,

We are writing to remind you of our Physical Education jewellery policy which follows on from Ysgol Morgan Llwyd's school uniform policy. For consistency, this policy applies to all practical PE lessons, fixtures and extra-curricular sporting activities.

All jewellery must be removed for PE lessons, fixtures and extra-curricular sporting events. This is in line with the guidance from the Association for Physical Education (AfPE) aimed at ensuring the safety of all students during physical activities.

Jewellery includes earrings, necklaces, bracelets, watches, rings, and any forms of piercings. The safety of our students is our top priority, and this safety measure is designed to prevent injuries that can occur when jewellery is worn during physical activities. This will include all Physical Education lessons, fixtures and extra-curricular activity, regardless of the activity.

### **School Uniform and Jewellery Policy**

- All students must remove all jewellery to participate in PE lessons.
- If your child is unable to remove their jewellery independently, they will need to be removed prior to attending school on the day of their PE lesson.
- Students are responsible for their own jewellery if they are removed in school, as teachers cannot take responsibility for any personal items.
- If studded piercings cannot be removed for this reason (recent piercing/infection), a plaster or tape will be used to cover the piercing before participating in the lesson.
- If your child has recently had a new piercing, they will need to submit a letter to their PE teacher about healing completion time.
- If your child has a piercing that has become infected, a note will need to be given to their PE teacher with the expected healing time.
- If your child refuses to remove any jewellery, the school behaviour policy will be followed under the premise that they are refusing to follow teacher instructions.

We appreciate your co-operation and understanding regarding this matter. If you have any questions or concerns, please do not hesitate to contact the PE Department.

Thank you for your support in keeping our students safe and healthy.